



Rothienorman Primary School-Anti-Bullying Policy

Rothienorman Primary School's Anti-Bullying Policy protects and respects children's rights as set out in the [United Nations Convention on the Rights of the Child](#) (UNCRC).

Our Vision

At Rothienorman Primary School we encourage all pupils to:

Achieve your SPARK! 

Rationale

At Rothienorman Primary School we take bullying and its impact seriously. Pupils and parents/carers should be assured that known incidences of bullying will be responded to in an appropriate and timely manner. Bullying conflicts with our values and our vision to '**Achieve your SPARK**'. Our approach aims to develop a mutual respect and positive relationships between individuals.

Aims:

- Promote a community of shared expectations which values kindness, empathy and responsibility and embraces **Ready, Respectful, Safe**
- To ensure that all stakeholders understand and are able to recognise what bullying and that it is unacceptable at Rothienorman Primary
- To investigate all allegations of bullying and resolve the matter in a timely manner
- To encourage and foster active parent/carer support in achieving these aims

What is bullying

[Respectme](#), Scotland's Anti-bullying Service, defines bullying as both behaviour and impact. It is behaviour that can make people feel hurt, threatened, frightened and left out. Bullying behaviour can harm people physically or emotionally. It can take place face-to-face or online. These behaviours can include:

- Name calling, put down or threatened face-to-face or online
- Being hit, tripped, pushed or kicked
- Having belongings taken or damaged
- Being ignored or intentionally left out
- Sending abusive messages, pictures or images through social media or online gaming
- Being targeted because of who you are or who you are perceived to be

Detecting Bullying

Changes in your child's behaviour may indicate that they are being bullied include:

- Reluctance to attend school
- School work deteriorating
- Becoming withdrawn
- Sleep difficulties or having nightmares
- Developing headaches or stomach aches



Although there may be other causes for these behaviours, please inform the class teacher if you observe these behaviours or are anxious about your child.

Prevention and Education

Every bullying allegation will be investigated and in some cases the individuals involved may not be aware that their behaviour is bullying. Therefore, we will support the victim of bullying and the accused to resolve the situation and move on.

We will promote our values which underpins our 3 behaviour expectations, **Ready, Kind, Safe** and promote a culture of positive relationships by role modelling, recognising and praising positive interactions and celebrating successes.

At Rothienorman Primary we use emotion coaching and emotional regulation practices to learn how to manage our emotions appropriately. Staff work hard to develop and model positive relationships to ensure that pupils feel safe at school.

Bullying is discussed as part of the curriculum in Health and Wellbeing lessons and through school assemblies.

Responding to Bullying Behaviours

1. **Recording:** Staff will record the incident details of all involved
2. **Discussion with pupils:** Staff will speak to the individuals involved to find out their interpretation of the incident
3. **Discussion with parents:** Parents of children involved will be informed of any identified instances of bullying. Should it be required, parents may be invited to a meeting with the class teacher and a member of SMT to discuss the incident.
4. **Restorative Approach:** Staff will work with children to help support restoration between the pupils.
5. **Monitoring:** Staff will monitor the situation and implement any further strategies to support positive relationships

Parent Support

If any parent feels their child is being bullied, please make the school aware so it can be acted upon in an appropriate and timely manner.

Parents should work in partnership with the school to ensure the appropriate supports and strategies are in place to help children make better choices and improve relationships.